



P O Box 34 259
Birkenhead
AUCKLAND 0746

www.dystonia.org.nz

Annual Seminar in Auckland, 17 June 2017

The Network's Annual Seminar and AGM will be held in Auckland on Saturday 17 June, 2017.



The Venue is the Cornwall Room, Surrey Hotel, 465 Great North Road, Grey Lynn, Auckland, NZ. The Cornwall Room is at ground level, so is suitable for wheelchair access if required.

The Surrey Hotel offers accommodation. If you wish to stay on-site on the Friday and/or Saturday night please book directly with the hotel:

Tel: (9) 378 9059 **Fax:** (9) 378 1464 **Email:** reservations@thesurreyhotel.co.nz

Registration Fee for attending the Seminar

For members: \$30.00 per person or \$50.00 per couple

For non-members: \$70.00 per person or \$90.00 per couple

Meals/ Food provided within Registration Fee:

Saturday – Morning Tea, Lunch, and Afternoon Tea

Other Meals:

Breakfast(s) and the Saturday evening meal are to be paid by attendees. We would strongly encourage you to attend the Saturday evening meal as this is an excellent time to mingle with other attendees.

The registration form can be downloaded from www.dystonia.org.nz

We hope you can join us for this informative and supportive day where you can relax and share with others who genuinely understand what it means to have Dystonia.

Programme for NZDPN Seminar - Saturday 17 June 2017

- 9.00 Registration - Tea/Coffee on arrival
- 9.30 Welcome and introduction of Executive Committee members by NZDPN Chairperson Alison Fitzpatrick
- 9.35 NZDPN Network Manager, Philippa Hooper will report on Network activities during the past year.
- 9.40 Address by Mr Bren Dorman (ENT surgeon specialising in laryngeal dystonia)
- 10.40 Short Break
- 11.00 Address by Dr Lynley Bradnam on neuroscience and dystonia
- 12.00 Lunch
- 1.00 Address by Sandra Palmer (Clinical psychologist from Integrative Therapy) on trauma, anxiety, grief and loss, stress and chronic pain.
- 2.00 Report from Kerrie Jackson representing Dystonia Network of Australia Inc.
- 2.20 Mark Dromgoole (social media and dystonia, including our new website launch)
- 2.40 David Barton (a report on the NSDA Conference in Nashville, TN held in May 2017)
- 3.00 Patient panel discussion - 'Coping - What helps my dystonia?'

Note that the presenters are happy to take questions after their addresses, but please restrict these to general issues rather than your own diagnosis and treatment.

The programme is subject to confirmation and the times are approximate.

NZDPN Annual General Meeting - Saturday 17 June 2017

- 3.30 Declare AGM open (we will then adjourn for afternoon tea)

AGENDA

- Apologies
- Minutes of Previous AGM (8 May 2016)
- Financial Report
- Annual Report from Executive Committee
- Election of Officers
- General Business

Please note that all members are welcome to attend the AGM, but you need to be a financial member (paid subscription in the 2017 calendar year) in order to vote.

Evening Programme

6.30 Dinner at Surrey Hotel (optional)

Speakers:

Mr Bren Dorman

Bren is a Otolaryngologist Head and Neck Surgeon, and Honorary Clinical Lecturer School of Medicine at the University of Auckland. He did his Fellowship Training in Head and Neck Surgery and Oncology in 1983-1984 at University Hospital in Boston, USA, and further training at Royal Liverpool Hospital in the United Kingdom.

He has a particular interest in voice disorders and has been administering botulinum injections for laryngeal dystonia since 1992.

Bren Dorman was the very first medical professional to offer this treatment, and has probably given over 1000 of the shots at Auckland Hospital over the last 25 years.



Dr Lynley Bradnam

Lynley has recently been appointed as Professor of Physiotherapy, Graduate School of Health, University of Technology (UTS), Sydney. Previously she was an Associate Professor of Physiotherapy at Flinders University, Adelaide. She is a neuroscientist and her interest in dystonia began while she was studying for her PhD. At that time, her interest lay in understanding the changes in the brain that seem to contribute to dystonia, in particular the role of the cerebellum and whether non-invasive brain stimulation could be used as treatment.

Her work has received two Brain Foundation Australia research gifts and was featured on ABC news in 2013.

[non-invasive stimulation in a neuroscience journal](#).

Recently, Lynley has become interested in studying how cervical dystonia affects function, including vision, balance, walking and cognition. She has developed a questionnaire to help identify if movement-related fear is a feature of dystonia for some people. Lynley would like to see better education for physiotherapists to understand dystonia and offer effective and research-evidenced treatment interventions.



She has written about dystonia for the [Brain Foundation](#) and has published a paper on

Sandra Palmer

Sandra Palmer is a Registered Psychologist and yoga teacher, who believes it is vital to work holistically with all clients she sees—working with mind, breath and body.



She has a passion for using restorative yoga, breath work, mindfulness and self-compassion techniques, combined with usual psychological talking therapies, to support healing in clients she sees as part of her private practice.

These modalities are particularly useful when working with trauma, anxiety, grief and loss, stress and chronic pain.

Sandra's website:
www.integrativetherapy.co.nz

Accommodation

To make a reservation for accommodation please contact the Surrey Hotel direct. We hope as many as possible of you are able to attend.

Tel: (9) 378 9059

Fax: (9) 378 1464

Email: reservations@thesurreyhotel.co.nz

Registration

Registration in advance will help us plan for numbers and catering. To register for the seminar please complete the registration form and send this to the NZDPN at info@dystonia.org.nz or by mail to:

NZDPN
P O Box 34 259
Birkenhead
AUCKLAND 0746

Directions

The Surrey Hotel (see marker A on the map below) location of seminar, see the blue square) is at 465 Great North Road, Grey Lynn, Auckland. It is near Western Springs and the Zoo, and the nearest exit on the northwest motorway is for St Luke's and Western Springs.

