



P O Box 34 259
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AUCKLAND 0746

www.dystonia.org.nz

Annual Seminar in Rotorua, 8 June 2019

The Network's Annual Seminar and AGM will be held in Rotorua on Saturday 8 June, 2019.

The Venue is the Sudima Hotel, 1000 Eruera Street, Rotorua 3010. Adjacent to the renowned Polynesian Spa and offering beautiful vistas across the lake, this well-appointed 4-star hotel is just a short stroll from Rotorua's vibrant CBD. The function rooms are at ground level, so suitable for wheelchair access if required.

The Sudima Hotel offers accommodation. If you wish to stay on-site on the Friday and/or Saturday night please book directly with the hotel: **Tel:** 0800 783 462 (toll-free) or +64 7 348 1174 **Email:** reservations@sudimarotorua.co.nz

This year the Network is pleased to offer an accommodation supplement of \$125 per room to 2019 Financial members (current as at 31 March) who have travelled from beyond Waikato and the Bay of Plenty. To apply for reimbursement please submit your hotel folio to the Network. Payment will be made by cheque.

Registration Fee for attending the Seminar

For members: \$40.00 per person or \$70.00 per couple

For non-members: \$80.00 per person or \$130.00 per couple

The registration form can be downloaded from www.dystonia.org.nz



Meals/ Food provided within Registration Fee:

Saturday – Morning Tea, Lunch, and Afternoon Tea

Other Meals:

Breakfast(s) and the Saturday evening meal (optional) are to be paid by attendees. We would strongly encourage you to attend the Saturday evening meal as this is an excellent time to mingle with other attendees.

We hope you can join us for this informative and supportive day where you can relax and share with others who genuinely understand what it means to have Dystonia.

Programme for NZDPN Seminar - Saturday 8 June 2019

This year's theme: **All about Dystonia**

- 8.45 Registration - Tea/Coffee on arrival
9.15 Welcome and introduction of
Executive Committee members by NZDPN
Chairperson Alison Fitzpatrick
9.30 NZDPN Network Manager, Philippa
Hooper will report on Network activities
during the past year.
9.35 Dr Mark Simpson - Dystonia - a
medical perspective
10.40 Short Break
11.00 Dr Christopher Lynch - Dystonia -
Clinical practice - What I learn from my
patients
12.00 Medical panel - Questions and
answers
12.30 Lunch
1.30 Dr Lynley Bradnam - Medical
research, including Dystonia and Exercise
2.15 Alison Fitzpatrick - the new NZDPN
website
2.30 Dystonia Network of Australia
2.45 David Barton - report on the 2019
NSDA Symposium
3.00 Patient perspectives
3.20 Evaluation of the day
3.25 Short Break

Note that the presenters are happy to take questions after their addresses, but please restrict these to general issues rather than your own diagnosis and treatment.

The programme is subject to confirmation and the times are approximate.

NZDPN Annual General Meeting - 3.50 pm 8 June 2019

AGENDA

- Apologies
- Minutes of Previous AGM (16 June 2018)
- Financial Report
- Annual Report from Executive Committee
- Election of Officers
- General Business

Please note that all members are welcome to attend the AGM, but you need to be a financial member (already paid subscription in the 2018 calendar year) in order to vote.

Evening Programme

6.30 Dinner at Sudima Hotel (optional).

The cost is \$45 per person. Please prepay with your registration fee.



Speakers:

Dr Mark Simpson

Mark is a neurologist at Auckland City Hospital. He works as a general neurologist. He did subspecialty training in movement disorders in Australia and Canada.



Dr Lynley Bradnam

Associate Professor Lynley Bradnam joined the Department of Exercise Science at the University of Auckland in 2018



Dr Christopher Lynch

Dr Lynch is the Clinical Director of the Neurology Department at Waikato Hospital, and is in private practice as a neurologist at the Anglesea Clinic in Hamilton.

Chris Lynch trained at the Otago Medical School in Dunedin and graduated with B Med Sc in 1985 and MB ChB 1987. His clinical practice includes neuromuscular disease, neurophysiology, nerve conduction studies, EMG, and botulinum toxin therapy.

Chris Lynch's research interests include MS and Parkinsons Disease trials, nerve conduction studies and electromyography.



Post graduate training included time at the Radcliffe Infirmary, Oxford, UK, and Peripheral Nerve and EMG Fellowships at the Mayo Clinic, Rochester, as well as a USA AAN Clinical Fellowship

She is a New Zealand registered physiotherapist who has held academic positions in Universities in New Zealand, United Kingdom and Australia since 1998. She completed her PhD in Exercise Science in 2011. Dr Bradnam is also an Honorary Professor of Physiotherapy at the University of Technology Sydney (UTS).

Lynley's current interests are in the topic of neurorehabilitation, particularly for movement disorders such as dystonia and Parkinsons disease, and after stroke. This research uses non-invasive brain stimulation to study brain function and neuromodulation of the brain, in particular the cerebellum, as an adjuvant or alternative to treatments available at present. The research has led to new understanding of postural and functional deficits in people with dystonia, including vision, balance, walking and cognition. She has developed a questionnaire to help identify if movement-related fear is a feature of dystonia for some people.

Her work in Australia has received two Brain Foundation research gifts and was featured on ABC news in 2013. She has written about dystonia for the Brain Foundation and has published a paper on non-invasive stimulation in a neuroscience journal.

Accommodation

To make a reservation for accommodation please contact the Sudima Hotel direct. We hope as many as possible of you are able to attend.

Tel: 0800 783 462 (toll-free) or +64 7 348 1174

Email: reservations@sudimarotorua.co.nz

Registration

Registration in advance will help us plan for numbers and catering. To register please complete the registration form and send this to the NZDPN at info@dystonia.org.nz or by mail to:

NZDPN, P O Box 34 259, Birkenhead, AUCKLAND 0746

Directions

The Sudima Hotel (see the red marker on the map below) is at 1000 Eruera Street, Rotorua. From Auckland and Waikato, take SH5 then head in to downtown Rotorua on SH30A. From Whakatane/Tauranga take SH30A. From Taupo and points south take SH5 and then head in to downtown Rotorua on Fenton Street, then turn right on SH30A.

